



Nutrition Counseling

Whether you've recently been diagnosed with a medical condition or are looking to start eating in a way that makes you feel better, Access to Healthcare Network is here to help!

Our team of Registered Dietitians can help you...

- Manage chronic health conditions, such as diabetes, heart disease, kidney disease, and high blood pressure
 - Achieve and maintain a healthy weight
 - Plan and prepare healthy meals on a budget
- ... and so much more!

Nutrition Counseling is a covered benefit under many insurance plans.

Call 775-284-1898

**To learn more about our nutrition counseling services
and to schedule your first appointment**

